

CEDAR

- Woven mat & partial basket
- Branch
- Inside bark strip

Stories:

Cedar (Tree of Life kit)

The Little Cedar Tree

The Cedar Tree: The Heart of our People

The Old Cedar Tree

The Western Red Cedar

Cedar – The Tree of Life



Ocean

- Canned salmon
- Abalone
- Clam
- Moon snail
- Cockles
- Scallop
- Star fish
- Shale

Stories:

Tide Pools

Gift of the Salmon

Sgyaaldang



MOONS & SEASONS

- Moon strips
- Moon card

Stories:

Mouse Celebrates the Winter Solstice

The Sun and the Moon

Taans Moon

We Share the Seasons

I Wonder

Animals

- Fox tail and mask
- Rabbit, Squirrel, Martin
- Bear figure
- Eagle feather
- Raven puppet

Stories:

What Can Bald Eagles Do?

What Can Ravens Do?

The Salmon Bears

What Can Bears Do?

The Pine Forest Community



Weaving

- Mini loom
- Quarter bag template
- Wool
- Coast Salish mini shawl
- Woven bags
- Métis sash
- Cedar mini basket

Stories:

My Métis Sash



Clothing & Beading

- Cedar headband
- Moccasins, Gloves & Mittens
- Button blanket mini template
- Glass beads
- Earrings & Necklaces
- Quills

Stories:

Maria Beads a Flower

Hope's Necklace

Mittens for Tony

Two Métis Vests

The Button Blanket



Plants and Foods

- Smoked & dried salmon
- Devils club
- Sweatgrass & sage
- Nettle Leaves
- Mullein
- Dandelion root
- Hibiscus



Stories:

Mom, How do you make smoked fish?

The Best Bread

The Bannock Book

First Nations Traditional Foods Fact Sheets

Games

- Slahal
- Lacrosse stick

Stories:

Games of the Shuswap

Let's Play Waltes

Game On



Tools and Technology

- Paddle & paddle types
- Baby carrier
- Long House puzzle
- Canoe templates (northern & southern)

Stories:

Making a Canoe

Tlingit Fishing

Indian Fishing

Aboriginal Technology and Tools



Music & Dance

- Drum and stick
- Rattle
- CD Set

Stories:

Making Music

Anisha's Dance

Let's Dance

